

Chess Valley U3A Groups Schedule

FIRST in month				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Art Discussion 2 (pm)	Walkers 1	Walkers 3	Wildlife	
Pilates Classes 1,2 and 3 (am/pm)	Striders 2	Patchwork and Quilting (am)	Current Affairs (pm)	
Singing for Pleasure (eve)	Tai Chi (am)	Spanish Conversation (am)	Italian (pm)	
<p><i>Monday groups sometimes have their schedules interrupted by public holidays; contact the Convenors for more information</i></p>	Family History (pm)	German (am)	Mindfulness (pm)	
	Ukulele (pm)	Book 2 (am)	<p><i>Book 1 meets at irregular intervals throughout the year</i></p> <p><i>Jazz Appreciation meets on the last Tuesday of each month (pm)</i></p> <p><i>Tai Chi meets in school term-times only</i></p>	
		Yoga (am)		
		Bridge (pm)		
		Wine 2 (eve)		

SECOND in month				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
History (pm)	Amblers	Walks into History OR Walks into London (alternate months)	Art Discussion 1 (am)	
Mah Jong (pm)	Striders 1		General Meeting (pm)	
Pilates Classes 1, 2 and 3 (pm)	Art (am)	French Conversation (am)	<p><i>The Chess Valley U3A Committee meets on the first or second Tuesday of each month</i></p>	
Singing for Pleasure (eve)	Tai Chi (am)	Yoga (am)		
	Dinghy Sailing (pm)	Bridge (pm)		
	Writers (pm)			

THIRD in month				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Science and Technology (pm)	Walkers 1	Patchwork and Quilting (all day)	Book 4 (am)	Railways (am)
Pilates Classes 1, 2 and 3 (pm)	Striders 2	German (am)	Art Discussion 3 (pm)	
Canasta (pm)	Tai Chi (am)	Spanish Conversation (Intermediate) (am)	Italian (pm)	
Get Ahead of the Grandchildren (pm)	Book 3 (pm)	Yoga (am)	Mindfulness (pm)	
Singing for Pleasure (eve)	Ukulele (pm)	Photography (pm)	<p><i>MOTO (Members On Their Own) have an 'anchor meeting' on the first Saturday morning of each month</i></p>	
		Play Reading (pm)		
		Bridge (pm)		

FOURTH in month				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Digital Imaging (am)	Striders 1	French Conversation (am)	Walkers 2	Chess (pm)
Mah Jong (pm)	Art (am)	French Intermediate (am)	Eclectic Music (pm)	Opera and Dance# (pm)
Pilates Classes 1, 2 and 3 (pm)	Tai Chi (am)	Jewish Background to the Gospels (am)	Poetry (pm)	<p><i># Opera and Dance is run by South Bucks U3A and Chess Valley members are welcome to attend</i></p>
Singing for Pleasure (eve)	Jazz Appreciation (pm)	Yoga (am)	Wine 1 (eve)	
Stamps (odd months only)		Dinghy Sailing (pm)		
		Gardening (pm)		
		Bridge (pm)		